

HOLISTIC NUTRITION PROGRAM REVIEW APPLICATION



The following educational standards must be met in order to receive NANP approval and to assure your students and graduates that their nutrition program provides sufficient education to qualify them as a Professional member of the NANP and to sit for the Board Exam in Holistic Nutrition.

1. Programs approved by the NANP must demonstrate proficiency in the following postsecondary subjects:
 - a. Anatomy & Physiology
 - b. Fundamentals of Chemistry & Biochemistry
 - c. Fundamentals of Nutrition (Macro & Micronutrients)
 - d. Nutrition & Pathophysiology:
 - i. Nutritional Support of the Body (Digestive, Immune, Cardiovascular, Musculoskeletal, Nervous, Lymphatic, Integumentary)
 - ii. Environmental Influences on Health & Disease
 - iii. Symptomology of insufficiency, excess and impaired metabolism
 - e. Life Cycle (Pediatrics, Men, Women, Geriatrics, & Sports Nutrition)
 - f. Comparative Dietary Systems (diet analysis & planning, popular diets review, whole food model, cultural influences)
 - g. Nutritional Supplementation: indications of need, contraindications and interactions with herbs, foods and medications
 - h. Nutrition Assessment: health assessment and laboratory testing
 - i. Nutritional Counseling
 - j. Introductory Herbology
 - k. Business Management (Legal Issues, Practice Development)
 - l. Nutrition & Research Applications
 - m. Optional/preferable courses: whole foods cooking and menu/meal planning

The program must include at least one final exam (proctored, if distance learning) or thesis/research paper. Open book exams do not qualify.

2. Please submit for review all course materials (except books) including all binders, notes, exams, list/titles of texts, tapes, videos and any other materials used in the course to:

P.O. Box 1884
Rancho Cordova, CA 95741-1884
(916) 851-9310
execdir@nanp.org

Please note that submitted materials will NOT be returned to applying institutions.

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3. The NANP must be notified of curriculum changes made after the program has been approved. The need for a new review of the program will then be determined. If the NANP is not notified, the school/program will lose its approval status.

4. Should your school/program not meet the NANP educational standards, a list of deficiencies will be given for your information. Graduates of your program may still qualify for NANP Associate Professional Membership if they have successfully met the educational standards through prior or additional coursework from another school.

5. A telephone interview with the program director is required to complete the review.

See attached application

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NANP Application for Nutrition Program Approval

Date submitted: _____ Fee: \$950.00 (USD)
Name of School: _____
Name of program to be reviewed: _____
Contact person: _____
Address: _____
City, State, Zip: _____
Phone: _____ Fax: _____
Email: _____

On a separate piece of paper, please respond to the following:

Standard 1: Core Philosophy & Goals of Program

Please describe the nutritional and health philosophy that the program is based upon.

Standard 2: Educational content, assessment of skills & competencies

Please provide a description of each course in the program, including amount of time spent in class, approximate amount of homework time. Please also describe what skills and competencies students will be able to demonstrate upon course completion and what measure (test, presentation, and supervised practicum) is used to determine a student's successful completion.

Standard 3: Program Evaluation & Assessment

Please describe how you evaluate the success of the program and what methods you use to assess the need for changes and improvements.

Statement of confidentiality: *The National Association of Nutrition Professionals will honor the propriety of any and all program materials submitted. Such materials will be used by the NANP for the sole purpose of determining whether or not the program meets NANP educational standards for the training of nutritional professionals who wish to become members of the NANP and its affiliated credentialing body.*

Please mail application and supporting documentation to:

Nicole Hodson, NC
Executive Director
NANP
P.O. Box 1884
Rancho Cordova, CA 95741-1884